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In 2022, about 18 million people in the United States were living as Cancer Survivors, that’s roughly one out of 20 Americans. This number is expected to grow by 24% over the next 10 years, as more people are diagnosed and receive treatments with improved outcomes.

A Diagnosis & The Breath of Life are two little things that define a Breast Cancer Survivor.

A Survivor is anyone who has heard the words, “You have Cancer.” It doesn’t matter what your prognosis is, whether you’ve had treatment or not, or how long you’ve been cancer-free, for one minute or for many years.

Every day, Survivors wake up and face the reality of knowing there is plenty to unpack, understand, and manage. The emotions, questions, and challenges that linger are what push me through Breast Cancer Awareness Month, by helping Survivors untangle feelings that can remain and attempt to interfere with their day-to-day lives. At *Live Like Crazy*, we offer a *Breath of Life* for many, but here are some highlights...

Testimonial Videos

(click on the image below to play the YouTube video)



Eye on Research

Next month, Sally Ann is honored to be serving on the DOD Breast Cancer Research Program Consumer Advocate Panel, which is a part of the Congressionally Directed Medical Research Programs. She will be reviewing Breast Cancer research proposals to ensure funding decisions align with the needs of patients.

Be Well Offerings



Next month, *Live Like Crazy* will be launching Restorative Wellness Classes for Survivors, Caregivers, Family, Oncology Professionals.

- Title:** Reclaiming Strength and Mobility
- Timing:** Monthly
- Location:** TBD
- More Information:** Follow us on Instagram for up-to-date information

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